Adolescent Dialectical Dilemmas

Normalizing Pathological Behaviors

Excessive Leniency

Forcing Autonomy

Fostering Dependence

Authoritarian Control

Pathologizing Normal Behaviors
Adolescent Secondary Treatment Targets

- Increasing Authoritative Discipline; Decreasing Excessive Leniency

- Increase Adolescent Self-Determination; Decreasing Authoritarian Control

- Increasing Recognition of Normative Behaviors; Decreasing Pathologizing of Normative Behaviors

- Increasing Identification of Pathological Behaviors; Decreasing Normalization of Pathological Behaviors

- Increasing Individuation; Decreasing Excessive Dependence

- Increasing Effective Reliance on Others; Decreasing Excessive Autonomy