DBT Consultation Team: Observer Tasks

Observer rings bell *lightly* when

- **Judgmental**/non-compassionate comment is made.
- Consultation members are treated as **fragile**. (*Elephant* is in the room.)
- **Dialectic** goes *unresolved*.
- **Defensiveness** arises, forgetting that we are all fallible.
- **Non-mindfulness**, doing two things at once appears.
- **Solutions** are given *before problem* is assessed.
- Consultant-to-team *intervening*, rather than teaching.